



GIRLS SWIM

COACH

PEG CLARKE

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Swimming is a great winter sport especially if students are wanting to stay in shape between fall and spring sports. It is a great sport for both the individual and the team. During the off season, any physical activity to keep the muscles and the lungs in shape is great. If there is an opportunity to get in the water to keep their strokes, timing and feel in the water is always good.

PRACTICES

Beginning November 9, 2020

DAYS/TIME

Monday-Friday

5:30 - 7:30

LOCATION

Lees Summit Aquatic Center

